



A Christian Journey with the Enneagram Self Awareness, Relationships and Discipleship

The wisdom of the Enneagram is a wonderful psychological tool to help us all on a journey of self awareness. And for those on the Christian path it offers the possibility of unmasking the ingrained habits of the false self and rediscovering who we really are before God. The Enneagram can offer a route map for long-term discipleship as well as a tool to help us understand our motivations, how we get stressed and the moves we choose to make or avoid.

*The Enneagram model offers us nine different ways of **seeing**, **feeling** and **knowing** the world in which we live. And in a group setting, it can offer a transformational opportunity for team dynamics and understanding others.*

Following a 20 year career in telecommunications, I have spent the last few years learning about the insights that the Enneagram can bring to understanding ourselves and our Christian discipleship.

So contact me if you would like me to work with you to introduce the wisdom of the Enneagram in your church group or Christian charity team.

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